

Caring for Veterans: Mental Health, Trauma and the role of carers

A morning with Kevin Humphreys DSC

Thursday 14 August, 10:00 AM–1:00 PM



Kevin Humphreys
DSC

Are you supporting a veteran living with mental health challenges? You're not alone.

Come along to this free event with Kevin Humphreys DSC – veteran, author, and mental health advocate – as he shares his personal story and offers powerful insights into the challenges veterans face and how carers can better support them, whilst looking after themselves.

This is a safe and welcoming space for carers, friends, and family members of veterans to come together, learn, and feel seen.



Location: Customs House, 399 Queen Street, Brisbane QLD 4000
Free – RSVP essential
Register now at: <https://CaringforVeterans.eventbrite.com.au>

Hosted by Wellways Carer Gateway in support of carers across our community.