



Brisbane, Canungra, Amberley & Darling Downs Defence Member and Family Helpline 1800 624 608



October 2025

DMFS HELPLINE

1800 624 608

The helpline is available 24/7 and is staffed by qualified human services professionals, including social workers and psychologists

Defence Member and Family Support (DMFS) offers a range of programs and services to help Defence members and their families manage the unique challenges and opportunities of each stage of Military life.

The team in South Queensland consist of Defence Social Workers, Military Support Officers, Family and Education Liaison Officers and our Business Support Officer.

If you would like to receive our information guide explaining all our services please use this link- <u>Defence Member and Family Information Guide Request for hardcopy.</u>

Or you can view our guide online- <u>Defence Member and Family Information Guide | About | Defence</u>

Our offices are located

Brisbane: 71 Osbourne Rd, Mitchelton

Amberley: Building 139, Hudson Rd, RAAF Base Amberley

Darling Downs: 25/49 RQR Barracks, O'Quinn St, Toowoomba



DMFS Events

Amberley



Coffee Connections
Thursday 16th October 2025 from 9:30am
Join DMFS for a Coffee Catch Up at The Café Providence
6 Amity Way Ripley, please note this is a self-funded event
Register Here- Coffee Connections Ripley

Brisbane



Park and Play Newfarm Park- 31st October 2025

DMFS Brisbane are pleased to invite you to our Park and Play session at Newfarm Park Playground.

Bring along a picnic for the family, grab yourself a coffee at the local coffee van and enjoy the opportunity to connect with DMFS staff and other Defence Families.

Don't forget your water, hat and sunscreen.

Make a day of it and catch the ferry across or enjoy the comfort of driving across to the park with ample parking available.

Register Here- Park and Play- New Farm Park

Canungra



Child Of The ADF Medallion Ceremony Kokoda Barracks- 29th November 2025

Participation in the CoADFM program is open to all Defence resident family children (ARF/URF) aged 18 years and under of current serving (SERCAT 3-7 and SERVOP C) ADF members. Each eligible participant may only receive one CoADFM during the serving member's career, with an honour system operating about applications made. Medallions are awarded to children who have shown resilience and growth in managing the challenges of the ADF lifestyle.

Register Here- CoADF Canungra

UPDATE- Please note our *Teddy Bear Picnic, Park and Play* on October 3rd will be moved to October 10th at Kokoda House. Tea and Coffee will be provided. This event is hosted by Kokoda House and DMFS Brisbane. Register here to attend- Kokoda House- Teddy Bear Picnic and Coffee Catch Up

What's on in our community



ADF Member and Family Transition Seminar- Brisbane Thursday 30th October 2025- 0830-1600

Joint Transition Authority is bringing the ADF Member and Family Transition Seminar to Brisbane!



Thursday, 30 October 2025, 0830 -1600

If your family is considering transition from full time service or a change in service category, face-to-face transition seminars are a great opportunity to learn more about transition as a family.

Transition Seminars provide information on transition support programs and services provided by:

- Transition Support Officers
- Joint Health Command
- Department of Veterans' Affairs
- Commonwealth Superannuation Corporation
- ADF Financial Consumer Services Centre
- Ex-Service Organisations (ESOs).

To register your interest in attending visit: https://www.defence.gov.au/adf- members-families/military-life-cycle/transition/seminars

Remember Registration closes 10 days prior to the event. Don't delay the start of your transition journey.



Brisbane Bullets take on Sydney Kings **Saturday November 1st**

The Brisbane Bullets are excited to bring back First Responders Round and we would love Defence personnel to be part of it this season especially with Enoggera Barracks just a short distance from our home arena. First Responders Round is our way of recognising and celebrating the incredible service and sacrifice of those who keep our community safe from Defence to emergency services.

First Responders Round will be held on Saturday 1 November when we take on the Sydney Kings at the Brisbane Entertainment Centre.

As part of the round, we are offering First Responders an exclusive ticket price of \$25 for Silver and Bronze tickets. This offer can be redeemed

https://premier.ticketek.com.au/shows/Show.aspx?sh=BUL0526&ep=25FIR <u>ST</u>

Event Recap- Child Of The ADF Medallion- Brisbane



DMFS Brisbane hosted the Child Of The ADF Medallion Ceremony on Wednesday 10th September at the Monash Centre- Gallipoli Barracks.

Families were hosted by Lt Col Andrew Ludlow, MAJ Derek Simpson (Military Support Officer DMFS Brisbane) and the DMFS Brisbane Team.

Participation in the CoADF Medallion program is open to all Defence resident family children (ARF/URF) aged 18 years and under of current serving (SERCAT 3-7 and SERVOP C) ADF members. Each eligible participant may only receive one CoADF Medallion during the serving member's career, with an honour system operating about applications made. Medallions are awarded to children who have shown resilience and growth in managing the challenges of the ADF lifestyle.



The Child Of The ADF Medallion Ceremony is a national initiative from Defence Member and Family Support. It aims to recognise the sacrifices, bravery and resilience children of Defence Families hold.

DMFS Sth Queensland host these ceremonies several times per year across Enoggera Barracks, Amberley RAAF Base, Kokoda Barracks and Borneo Barracks.

For more information please reach out to our teamdmfs.brisbane@defence.gov.au dmfs.amberley@defence.gov.au

Please note these ceremonies are a national event hosted by Defence Member and Family Support, if you are posting please reach out to your local DMFS Office for updates in your new posting location. You can update your subscription to your new area newsletter by clicking this link- Area Office newsletter | ADF Members & Families | Defence

Kokoda Barracks Family Day- Saturday November 29th

Please note DMFS will be hosting a face painter, balloon twister and rock-climbing wall, we will be hosting our Child Of The ADF Medallion Ceremony on the day- registration link for this ceremony can be found on the events section above.

PLEASE NOTE-

This event is strictly for Members and their families posted to Kokoda Barracks



Meet Our Team- DMFS Sth Queensland



Alex Rooskov- Defence Social Worker- Brisbane

I recently joined DMFS as a Defence Social Worker, where my role focuses on providing support to ADF members and their families.

I have been a social worker for 10 years, with professional experience in the families and children space, early intervention and Family and Domestic Violence.

As a child of Defence, I am passionate about supporting families in navigating the unique challenges associated with military life and hope my lived experience will strengthen the support I can offer in my role.



Farewell from our Family Liaison Officer- Kris Rankin

It is with mixed emotions that I step away from my role as the Family Liaison Officer for Defence Member and Family Support Brisbane.

It has been very humbling to meet so many families within this amazing community and have you share your stories with me. I have both learnt from you and shared with you the challenges life throws at us as Defence Families.

Whilst I step away from this role, I will still be a familiar face in the community as I continue working in the member and veteran space.

Please note our team are available to assist with your enquiries via our helpline- 1800 624 608 or email- dmfs.brisbane@defence.gov.au

Defence Member and Family Helpline



Call 24/7 for all support needs

Do you know the services DMFS 5th QLD can offer your family.

DMFS South Queensland hosts a variety of programs to support the community, our team consists of our Area Manager, Military Support Officers, Defence Social Workers, Education Liaison Officer, Family Liaison Officers and Business Support Officer.

We have a range of services to support with the stress and challenges that Defence life can bring to not only the member but their family as well.

For more information as the latest posting cycle approaches please click the link below to access our family Information guide

Defence Member and Family Information Guide | About | Defence

External Service Providers



Kookaburra Kids RSL Queensland Mates4Mates Invictus Australia Open Arms Soldier On

Home - Carers Queensland

Defence Special Needs Support Group

Battlefields to Footyfields

Home - ADF Family Health Program

Brisbane Legacy | Home

Buddy Up Australia

The Kings Trust Australia - Home

Home- Families of Veteran's Guild

Are you and your family aware of some of the great services available to you as a Defence Family.

Click the links above to learn more about services in your area, if you have any questions please reach out to these services directly or contact our team- dmfs.brisbane@defence.gov.au

Childcare Assistance



Have you recently relocated and looking for access to childcare, out of school hours' care or vacation care for your children? ADF members can access Individual Case Management (ICM) to ensure childcare is tailored to your family's circumstances. This includes negotiating with local childcare providers, organising family day care, before and after school care or family's eligibility for Government In-Home Support Agency.

To access ICM, call the Defence Member and Family Helpline [1800 624 608] and ask about ICM or email memberandfamilyhelpline@defence.gov.au

South Queensland Defence Community Centres



Gallipoli Barracks Community Centre (GBCC)

The Gallipoli Barracks Community Centre is a not for profit organisation. It was established for the benefit of Defence families who are posted to Enoggera Barracks and surrounding areas. For more information, please visit the GBCC website or Facebook page.

Toowoomba Defence Families Support Association (TDFSA)

The Toowoomba Defence Families Support Association is a not for profit organisation providing a range of services and activities to Defence families in the Darling Downs area.

For more information, please visit the TDFSA <u>website</u> or <u>Facebook</u> page.

Kokoda House- Kokoda Barracks



Kokoda House is open for business, come along and enjoy some of the great events they have for offer to members and families of Kokoda Barracks

Date	Time	Event	Location
15 Sept 25	1000 – 1200 hrs	Family Coffee Morning	Kokoda House
10 Oct 25	1000 – 1200 hrs	Family Coffee Morning	Kokoda House
24 Oct 25	1800 – 2100 hrs	Family Cheese, Wine & Trivia Night	Kokoda House
08 Nov 25	0700 – 0800 hrs	Family Free Pilate Morning	Kokoda House
29 Nov 25	1000 – 1400 hrs	Family Day	Kokoda House area

Find Out First!



DMFS South Queensland has an Eventbrite page for each location. Tickets for all DMFS events are only available through Eventbrite. Events are uploaded at different times throughout the month.

To avoid missing tickets, follow the page to receive an instant notification when events are released.

To opt-in to receive notifications directly from our Eventbrite page, all you need to do is:

- Follow the DMFS <u>Brisbane/Canungra</u>, <u>Amberley</u> or <u>Darling</u> <u>Downs</u> Eventbrite page
- Register your details
- Download the Eventbrite app
- Enable push notifications

Defence Member and Family Helpline

1800 624 608

For advice, support or local community information, contact our all-hours <u>Defence Member and Family Helpline</u>. Run by Defence Member and Family Support, the helpline is the best way to access the programs and services that we offer to help Defence families manage the military way of life.

The helpline is available 24/7 and is staffed by qualified human services professionals, including social workers and psychologists.

It is now even easier to join the DMFS mailing list



Be the first to know about upcoming DMFS events and activities so that you do not miss tickets! Stay up to date with community information and stay connected with what's on in your community. By joining our mailing list, you will receive a monthly update straight to your inbox. It's as easy as scanning the QR Code or clicking this link. Please share with new families posting to the region.

The information contained in this bulletin is sent out on behalf of other agencies and groups. It does not information contained in this bulletin is sent out on behalf of other agencies and groups. It does not necessarily indicate DMFS support or involvement. The intention is to provide information to readers so that they can self-select and research its suitability for them individually. If you no longer wish to receive this bulletin, please submit your request to DMFS South Queensland and select Brisbane/Canungra, Amberley or Darling Downs Area Office.





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